THE 21st IAGG WORLD CONGRESS OF GERONTOLOGY AND GERIATRICS
Global Aging and Health: Bridging Science, Policy, and Practice

Local Educational Trip to San Francisco State University
Monday, July 24, 2017

HOSTED BY

CO-HOST ORGANIZATIONS

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Celebrate SF State Gerontology Program’s 30th Anniversary with distinguished faculty researchers, student scholars, and community partners! Learn about the only Gerontology M.A. degree program in the California State University system. Hear about innovative research, explore teaching-learning labs, and visit showcases highlighting internship and career opportunities in aging and long-term care.

“Faculty Research, Policy and Practice”
Moderator: Darlene Yee-Melichar, Ed.D., FGSA, FAGHE
Monday, July 24, 2017; 2-3pm; LIB 121 Special Events Room

Title: MAREY Lab at SF State
Presenter: Kate Hamel, Ph.D.
Professor and Graduate Program Coordinator
Department of Kinesiology; San Francisco State University

Description: The research goal of the MAREY lab to better understand how humans maintain balance and control locomotion during activities of daily living in the hope of ameliorating the declines in health that occur when these systems are not functioning properly. We utilize a broad interdisciplinary research approach which combines theory and practice from the fields of Engineering, Kinesiology, Biomechanics, Gerontology and Psychology to explore how older adults are able (or unable) to maintain upright postural control and safe gait patterns under a variety of challenging environmental conditions. The lab is primarily focused on age-related changes in
sensory systems and cognitive processes and how these changes impact the biomechanics of gait and balance as we age. We have recently examined the relationship between gaze behavior and biomechanical output in older adults during locomotion over challenging terrain such as obstacles, steps and stairs, the effects of Alexander Technique training on the biomechanics of gait and balance in older adults and we are currently conducting several studies aimed at trying to understand the effects of stereotype threat on physical function in older adults. During this presentation and tour we will discuss the findings from our research program, discuss the undergraduate course that we teach on the physical dimensions of aging and also demonstrate the tools and techniques that we use in our laboratory to assess the biomechanics of physical function in older adults.

Title: Center for Age-Friendly Excellence (CAFÉ) and Silicon Valley Age-Friendly Cities Initiative
Presenter: Anabel Pelham, Ph.D., C.P.G.
Professor Emerita, Gerontology Program, San Francisco State University
Executive Director, Center for Age-Friendly Excellence (CAFÉ)
Description: This presentation describes the pioneering initiative of the Center for Age-Friendly Excellence, CAFÉ and the Santa Clara County Department of Adult Services (DASS) to assist all 15 cities in the County (Silicon Valley) to certified Age-Friendly by the World Health Organization (WHO). The technical assistance and research components, as well as community organizing fundamentals are described in detail as they emerged in real time. CAFÉ now has a successful, portable model of community engagement for evidence-based political action to promote social change for Age-Friendly communities.

Title: Professionalizing Gerontology Internationally: Accrediting Programs and Credentialing Graduates
Presenter: Donna E. Schafer, Ph.D., C.P.G.
Associate Professor Emerita, Gerontology Program, San Francisco State University
Executive Director, National Association for Professional Gerontologists
Description: This presentation describes the activities of the Accreditation for Gerontology Education Council (AGEC), a new organization established in 2016 that will accredit gerontology degree programs at the associate, baccalaureate, and master’s levels, and the National Association for Professional Gerontologists (NAPG), an organization that has credentialed the education and practice of professionals in gerontology since 2005. Both organizations rely on the gerontology competencies developed by the Association for Gerontology in Higher Education (AGHE) for evaluation. Together they will make gerontology more visible as a discipline and establish professional standards for education and practice.
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<tr>
<th>Research Poster</th>
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<tr>
<td>Senior Men Off The Streets (SMOTS)</td>
<td>Lindsay Anglade, M.A.</td>
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<td>Recreation Therapy Opportunities Available to Older Adults in Skilled Nursing Facilities (SNF)</td>
<td>Luciana Curtis</td>
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<td>Expanding Academic-Community Partnerships in Gerontological Graduate Education</td>
<td>Cristina Flores, M.A., Ph.D.</td>
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<td>Nonpharmacological Interventions for Behavioral and Psychological Symptoms of Dementia</td>
<td>Tonjaly Ford, M.A.</td>
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<td>Understanding Asian American Adult Children as Caregivers for their Aging Parents</td>
<td>Jenny (Jin Young) Lee, M.A.</td>
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<td>End-of-Life Care: Need for Quality Communication and Person-Centered Planning</td>
<td>Kristy Lui</td>
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<td>Raising Awareness of Alzheimer’s among Asian Indian Elderly Immigrants and Their Caregivers</td>
<td>Sahana Kiron Magal, M.D., M.A.</td>
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<td>The Art of Listening-Life Review with Older Adults</td>
<td>Patricia Mahoney, M.A.</td>
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<td>Late Onset Diagnosis of Alzheimer’s and the Effect this Has On the African American Community</td>
<td>Marquita Ridgle, M.A.</td>
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<td>Partnering to Better Serve Vulnerable Older Adults: The Optimizing Aging Collaborative</td>
<td>Alicia Neumann, Ph.D., MPA</td>
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UCSF Program Director for the Optimizing Aging Collaborative
IAGG 2017 at SF State
“Community Partners in Aging Showcase”
Moderator: Sahana Kiron Magal, M.D., M.A.
Monday, July 24, 2017; 3-4pm; LIB 121 Special Events Room

Join Us!

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<th>Community Partner</th>
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<td>California Advocates for Nursing Home Reform (CANHR)</td>
<td>Pauline Mosher; Patricia McGinnis, J.D.</td>
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<td>Cypress at Golden Gate</td>
<td>Katherine Raukhman, ED</td>
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<td>Eldercare Advocacy Bay Area, LLC (EABA)</td>
<td>Cristina Flores, Ph.D., RN</td>
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<td>Magnolia Prime, Inc.</td>
<td>Karen Routt, MBA; Khalig Howard</td>
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<td>Sage Eldercare Solutions</td>
<td>Ariana Alex, M.A.</td>
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<td>Sunrise Senior Living</td>
<td>Tom Berry, M.A.</td>
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IAGG 2017 at SF State
“Tour of MAREY Lab at SF State”
Moderator: Kate Hamel, Ph.D.
Monday, July 24, 2017; 3-4pm; GYM 150

The MAREY lab was named for Etienne Jules Marey, the French scientist who pioneered field of cinematography laying the ground work for much of the instrumentation that we use in biomechanics today. We conduct state-of-the-art research in the areas of biomechanics, motor learning and development, motor control, visual perception, gerontology and rehabilitation and provide SFSU students with the opportunity for high quality research training experiences. The lab is an approximately 1000 sq ft space equipped with a 10-camera Vicon motion capture system, two Bertec force platforms, one Kistler portable force plate, a custom staircase with seven instrumented stairs, two ASL head-mounted eye-tracking systems and a Noraxon EMG system. Additionally, we have several computer stations for data analysis equipped with Visual 3D, Matlab and statistical software for data analysis. http://kin.sfsu.edu/content/marey-lab
Special thanks to our IAGG 2017 Planning Team

Martin C Blanco
Cristina Flores
Yu Jin Jeong
Ana Jones
Jenny Lee
Sally Liu
Kristy Lui
Sahana Kiron Magal
James Schindler
Dr. Darlene Yee-Melichar (Faculty Adviser)

Warm Welcome to Our New Faculty Member
Dr. Emiko Takagi!

San Francisco State University
College of Health and Social Sciences
School of Public and Civic Engagement
Gerontology Program
For more information: http://gerontology.sfsu.edu/